



Autumn / Winter Specials

Indian Head Massage

An Indian Head Massage releases tension in the muscles and joints of the head, face, neck & shoulders. A deeply calming & relaxing experience which will leave you feeling energised, revitalised and increased concentration levels. Can also relieve symptoms of fatigue, insomnia, headaches and sinusitis.

€65.00

Treatment Time: 50 MIN

Refresh Facial & Back, Neck and Shoulders Massage

Relax the muscles, relieve tension and achieve a sense of wellbeing with a back, neck and shoulder massage followed by an express botanical facial.

€70.00

Treatment Time: 50 MIN

Vital Defense Facial with Hand and Foot Exfoliation & Massage

This cocooning treatment unites all the beneficial elements of Yon-Ka skin care, including a warm aromatic compress and an enveloping, relaxing massage - calming the mind and leaving you with a glowing complexion. Follow this with a hand and foot exfoliation & massage.

€95.00

Treatment Time: 80 MIN

HEALTH CLUB & Beauty Rooms

To BOOK ☎ 064 663 6949 or Hotel Ext 660 ✉ health@greatsouthernkillarney.com 🌐 greatsouthernkillarney.com



GREAT SOUTHERN
KILLARNEY

Treatment Hours

MONDAY – SUNDAY 8.00AM – 8.00PM
Appointments are flexible, including early
& late evenings, subject to availability.

T&C's: This offer is subject to availability
and valid until the 14th January 2023.

